

## COMMUNITY SUPPORT

The Fiji Heart Study has a Community Advisory Group (CAG) of dedicated community leaders who are available to provide pastoral support.

For more information, please visit [fijiheartstudy.com/support](http://fijiheartstudy.com/support) or contact Sandhaya Bhawan.

## ETHICS APPROVAL

This study has been approved by the Southern Health and Disability Ethics Committee  
(Ref: 2025 EXP 12014)

Thank you for your interest in the Fiji Heart Study!



## CONTACT

For more information please contact:

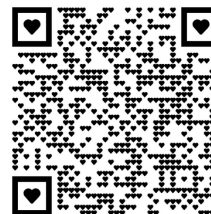
### PROJECT LEAD

Dr. Pritika Narayan  
[pritika.narayan@otago.ac.nz](mailto:pritika.narayan@otago.ac.nz)

### ADVISORY GROUP CHAIR

Sandhaya Bhawan  
[sandy.bhawan@gmail.com](mailto:sandy.bhawan@gmail.com)

VISIT OUR WEBSITE



[www.fijiheartstudy.com](http://www.fijiheartstudy.com)

# FIJI HEART STUDY

Information brochure



SUPPORTED BY:



## PURPOSE

- To conduct the first ever genetic study of premature coronary events (such as heart attacks or angina/chest pain) for Peoples of Fiji.
- Better representation in research will improve screening, treatment, and heart health outcomes for our future generations.

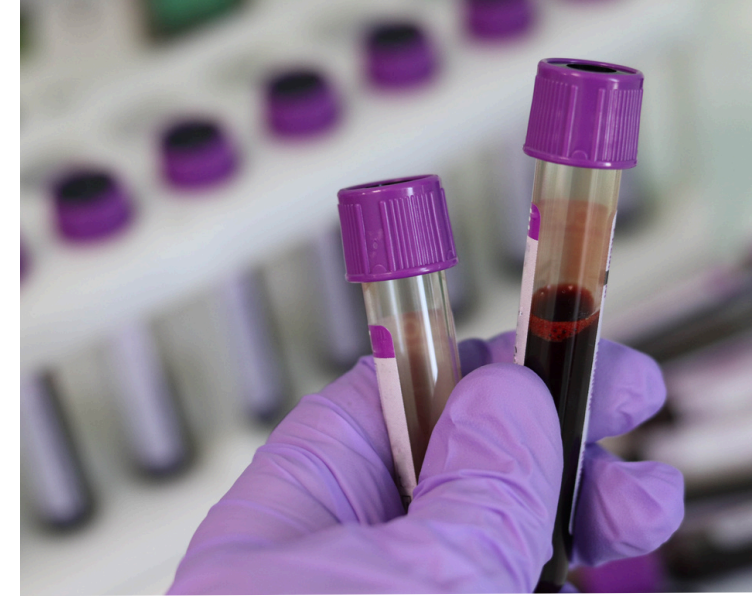
## WHO CAN PARTICIPATE?

- Anyone with Fijian (i-Taukei) or Fijian Indian (Girmit) ancestry and
- who has experienced their first heart attack or had related surgery (such as stent or bypass) before reaching 55 years of age
- Is a NZ Permanent Resident or Citizen

***YOU MAY ALSO BE ABLE TO PARTICIPATE IF YOU HAVE A CLOSE RELATIVE WHO HAS HAD A HEART ATTACK AT A YOUNG AGE.***

## KOHA

- Participants will be reimbursed for:
- travel costs (\$50 petrol voucher) and
  - offered a koha (\$100 supermarket voucher) for their participation.



## WHAT'S INVOLVED?



Read participant information and provide informed consent.



Provide blood sample for genetic and biomarker analysis.



Permission for authorised research personnel to access medical records related to your coronary event.



Provide family history of heart disease.

